



# Spectra in Scotland





# Green Incentives

Example Program  
by Spectra in Scotland

Destination: Scotland  
Nearest airport: Edinburgh  
Number of nights: 2



## AIRPORT TRANSFER

On arrival at Edinburgh airport, guests will be welcomed by their guide and transferred to the Scottish Borders where their adventure will begin.

During the transfer, the group will enjoy some snacks prepared by our caterer Social Bite.

Social Bite is a charity that is on a Mission to Build a Collaborative Movement to End Homelessness in Scotland.

Some of their work include running Social Enterprise Cafes throughout Scotland, distributing 100,000 items of food and hot drinks to homeless people every year. They own a high-end restaurant that feeds homeless people as well as diners. In 2018, they build villages for homeless people to get back on their feet. In their different venues, they Run a “Pay it Forward” system where customers can buy food in advance of homeless people.

Every meal bought from the charity helps supporting employment to people experiencing homelessness, helps donating food and drinks as well as supporting housing people in Scotland.





## MOUNTAIN BIKING

This afternoon, guests will discover the Scottish countryside. Mountain Bike through award-winning trails in the heart of stunning Scottish Forests, hills and cross-country. Guests don't have to be experienced mountain biker to enjoy these famous trails as there are a wide range of routes to suit beginners and experts.

Tonight, to experience their surroundings, guests will be wild camping on the grounds of Traquair House.



## WILD CAMPING IN TRAQUAIR HOUSE

Traquair House, near Peebles, is Scotland's oldest inhabited house. Visited by 27 Scottish Kings and Queens, Traquair dates back to 1107 and has been lived in by the Stewart family since 1491.

Guests will have the opportunity to visit the house, as well as the brewery. A beer tasting can of course be organised.

Guests will then settle in their camp.



## CLANN AN DRUMMA

First, they will be welcomed to their camp by a local band.

Clann an Drumma have been Scotland's leading tribal band since the turn of the century. They continue to bring Scottish tribal music to worldwide audiences.

Whether guests are having a small event or private venue, no occasion is too small or too big! They can help make the event unique & memorable with some traditional Scottish music.

## WILD CAMPING

Bell Tents will provide the group with a comfortable, spacious and stylish camping experience. Sleeping Bags and under blankets are available, providing warmth and thermal insulation for a comfortable night sleep.

## CATERING

For dinner, we use first class catering providers to serve delicious food sourced locally and working with the seasons to create outstanding dishes. Guests will eat under a canopy, in the wilderness.

## CAMPFIRE MUSIC & GUITAR PLAYING

Guests can sit back, relax and soak up the ambience around the campfire after a day outdoors as our guitar playing Instructors lead the chorus. Join in the fun or listen to your fellow comrades in song and appreciate the joy that comes from music.







## HIGHLAND GAMES AT WINTON CASTLE

In the morning, guests will depart for Winton Castle, where they will discover more Scottish tradition in this beautiful surroundings and Gold rated green venue.

This is a traditional outdoor games event with regional variations around Scotland, ideal for team building or just a bit of fun. At Winton we offer as close to the real thing as possible. Groups are organised into teams and given team colours and names during the Welcome, including a briefing on each activity at the site of the games. Each team must complete one activity before rotating to the next one as instructed by the Chieftain of the games who will lead the event. The Winton Highland Games include:

**Tossing the Caber** - scaled down appropriately for males and females

**The Winton Dash** – Using wooden logs with handles the team must race around an obstacle course in the quickest possible time

**Hay Bale Pitching**- A traditional games event that is still strong in East Lothian at agricultural shows, the hay bale must be throw over a bar, an ever increasing height, using a pitchfork

**The Winton Ski** – Can your team walk a circuit wearing one set of large skis with 7 people strapped on

**Hay Bale Rolling Relay** – The quickest team to get the bale up and down the track in a straight line! Sounds easy.... Just try it.

**Tug of War**, always popular and VERY competitive!

The area used is the paddock next to the Main house. Seating is provided in the form of straw bales with tartan rugs over them. Also provided are gloves for certain activities or for those who may have delicate hands!

## THE PRINCIPAL HOTEL \*\*\*\*

This afternoon, guests will arrive in Edinburgh and have some free time to enjoy the facilities in another Gold graded venue, the Principal George Street.

Boasting one of the most prestigious locations of Scotland's capital, The Principal Hotel (formally known as the George Hotel) is situated in the heart of the city, taking prime position on the elegant George Street – known as the “Bond Street” of Edinburgh.

The Grade II listed building with its distinctive façade was designed over two hundred years ago and many of the original architectural details have been carefully retained while clever extensions provide modern and comfortable bedroom accommodation with many on the upper floors having outstanding views of the Firth of Forth. The Printing Press Restaurant offers a relaxed dining experience while Burr & Co coffee shop provides excellent home baking and beverages throughout the day.







## ASSEMBLY ROOMS

Tonight, guests will enjoy one of the main benefits of the Scottish capital, they can just walk to their gala dinner.

This beautiful 18th century A-listed building is the most important building of its type in the UK thanks to the quality of its architecture, function, history and the wide programme of diverse events held in it over the last 200 plus years. Opened originally in 1787 as a place of entertainment for the wealthy residents of Edinburgh's New Town it has hosted many famous Scots, visitors and royals. Having finished a multi-million-pound refurbishment project in September 2012, the Assembly Rooms has been restored to its position as "Grand Old Lady" of the Edinburgh function scene. The mix-match of colour schemes inherited over the intervening years has been restored to the simple & sumptuous décor of the elegant Georgian period. The original Music Room boasts state-of-the-art facilities for meetings or functions and the Ballroom, with its elegant, original chandeliers provides the perfect setting for Gala dinners.

When it comes to entertainment, we like to work with local bands both to provide guests with a truly Scottish experience and to limit our carbon footprint.





## EDINBURGH WALKING TOUR

The group will walk up to the castle esplanade where they will have great views of the city and be able to orientate where all the major landmarks are located. Then it's on to what was once the most populous street in Europe - known collectively as either the High Street or the "Royal Mile", the street actually changes its name as you proceed down it from Castlehill to Lawnmarket to High Street and so on. It is crowded with 'lands' (or tenements) many stories high and punctuated by tiny cobbled 'closes' or alleys off to each side. As guests make their way down the Royal Mile their guide will point out various sights and explain the history behind some of the buildings and stories associated with them.

We leave the Royal Mile to descend to Princes Street Gardens, which lie at the heart of Edinburgh's City Centre and was once a lake called Nor' Loch. The Loch, which had been the trash dump of Edinburgh for centuries, was drained in order to improve access from the New Town to the Old Town and later, the Nor' Loch was transformed into the beautiful Princes Street Gardens we see today. The gardens are divided into two by what is known as the Mound, giving the East and West Princes Street Gardens. Today guests will enjoy a beautiful walk through part of the gardens seeing such highlights as the world's oldest Floral Clock, made up of thousands of flower types and the Ross Fountain a magnificent structure, which provides a wonderful foreground for taking pictures of Edinburgh Castle.

After enjoying some time at leisure in the city centre, guests will be transferred to the airport for their return flight.





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